



NATIONAL INITIATIVE FOR
ARTS & HEALTH IN THE MILITARY
2017 National Summit: Reintegration & Resilience
And the **R&R FESTIVAL OF PERFORMING ARTS**

A2A

Exploring the Role of the Arts in Recovery, Transition & Transformation across the Military Continuum
February 2 – 5, 2017 | University of South Florida – Tampa

Summit Workshop/Practitioner Exchange Schedule

SATURDAY, FEBRUARY 4, 2017 – NATIONAL SUMMIT Workshop/Practitioner Exchange

MORNING 10:00 AM – 12:00 PM

Workshop I: Community Arts Practice – “Story Circles with The Carpetbag Theatre” with Linda Parris-Bailey

The Carpetbag Theatre uses Digital Storytelling as an extension of its story circle process. This workshop we will explore the audio portion of the Digital Story Telling Training, sharing Carpetbag's unique take on the process with veterans and tools for community engagement.

Workshop II: Creative Arts Therapies & Healing – Creative Forces—Transitioning Patient to Person through Music Therapy Pathways with Rebecca Vaudreuil

Workshop III: Veteran Artists – A Moment of Pause: Painting with Saori Murphy

Through mindfulness, color, and expression, veterans and participants will be guided to connect with their truths. They will explore and discover parts of themselves that may have been neglected or cut off all together; i.e. joy, family, and future dreams and goals. The exercise allows them to pause and take the moment to rediscover themselves selves whether positive or negative.

Workshop IV: Community Partnerships – Creative Writing with Brooke King

AFTERNOON 1:00 PM – 3:00 PM

Workshop I: Community Arts Practice – Creating Theater Through Ritual Practice - Teo Castellanos

Highly influenced by Zen practice, this workshops explores the four basic elements, creating environment, building focus, physicality and present moment awareness. Movement clothes, bare feet or dance shoes required for workshop. *“Theater indeed was originally a religious ritual, designed to lead us to transcendence, ...going through the motions of our various rites and ceremonies trying to make them into something absolutely beautiful and inspiring...” - Karen Armstrong*

Workshop II: Therapeutic Arts & Healing – Community Dance for Veterans with PTSD or Traumatic Brain Injury and Their Families: An Experiential Workshop with Deborah Denefeld

Dancing Well: The Soldier Project brings community dance experiences to veterans coping with PTSD or TBI, and to their loved ones who are indirectly affected. Learn about this program through participating in similar dances, discussion and a question/answer session. Discussion will include the empirical study of the program scheduled to begin this month. Comfortable, flat shoes recommended.

Workshop III: Veteran Artists – Songwriting with Michael Trotter, Jr. and the War & Treaty

Workshop IV: Community Partnerships – A Community Comes Together: “Collection of Oral Histories of Vietnam Veterans” with Linda Dennis and Team Backpack Journalists

Veterans sharing their oral histories is considered to be a major step in healing the trauma that often comes from combat and important in archiving first hand accountings from each conflict. The presentation includes highlights of the documentary (In their own words, Oral Histories of SC Vietnam Veterans). Plus, Team Backpack Journalists and program manager, will provide a complete how-to collect the oral history, and engaging community wide support (military, a military school, a school district, the private sector to include LA Based Film Editor and the VA/DORN and PBS/WETA).

SUNDAY, FEBRUARY 5, 2017

MORNING ONLY 10:00 AM – 12:00 PM

Workshop I: Community Arts Practice – The Body is a Story – Liz Lerman & the cast of *Healing Wars*

Liz Lerman's evening-length dance work, *Healing Wars*, explored how individuals and the society around them heal in times of war. Join Liz and cast members, including a Navy veteran, for a direct experience with the artistic tools that they and collaborators used to create *Healing Wars*, using Liz Lerman's time-tested principles of collaboration and partnering, adapted for use with veterans and caretakers. These tools encourage connections between storytelling and physical expression, and between personal experience and communal understanding, based on the premise that each of us has innate creative capacity to use movement, imagination, and inquiry to build empathy, and to communicate things that matter to us, to our loved ones, to our communities, and to strangers. This two-hour workshop gives participants direct experience in applying these capacities, and provides an opportunity to learn new tools and reflect on their use and impact.

Workshop II: Creative Arts Therapies & Healing - Arts for Health Florida - Caring for Caregivers

Part One - Jenny Baxley Lee, MA, BC-DMT: When we provide care for others, either personally or professionally, it is essential to design and actively implement self-care as a part of our daily routine. Arts-based practices, such as dance, storytelling, visual art and music serve as effective self-care tools, and can be shared with those in a caregiving role, to both identify and prevent compassion fatigue. In this workshop, participants will engage in a blend of participatory and didactic activities to learn new ways to effectively address secondary traumatic stress as a result of caregiving. Additionally, a creative arts therapy practice serving rural veterans using telehealth will be offered as a program example.

Part Two - Janis Timm-Bottos, PhD, ATR-BC: Art Hives: Welcoming Spaces of Mutual Care will introduce Art Hives and a network of special types of third-spaces, located in neighborhood storefronts and within institutions that bolster mental and social health while fostering inclusion, reciprocity, new connections, and community building through creativity, self-expression, skill sharing, and dialogue. A free and welcoming protected place, an Art Hive welcomes everyone as an artist, a maker of things at hand, and extends a warm welcome to all veterans, their families and care partners. Adding university students as partners provides support for establishing a rich and energizing environment, offering a cost-effective vehicle for civic empowerment, mutual care and exchange.

Workshop III: Veteran Artists – Poetry with Maurice DuCaul

Workshop IV: Community Partnerships – Comedy Bootcamp – Teaching Comedy to Veterans, Service Members, and Military Families with Sam Pressler, Armed Services Arts Partnership

Comedy Bootcamp is the first stand-up comedy class in the country for veterans, service members, and military families. In this workshop, Comedy Bootcamp instructors will describe the Comedy Bootcamp approach, lead you through the stand-up comedy writing process, and provide constructive feedback on your jokes via a brief workshoping session. You will leave the session with (1) an improved understanding of the art of stand-up comedy, and (2) a path forward for starting a stand-up comedy class for veterans in your community.